



Chacott

DANCE WITH PASSION

RHYTHMIC GYMNASTICS CATALOG 2024

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Model: AYUKA SUZUKI • NANAMI TAKENAKA (Fairy Japan POLA)
www.chacott-jp.com

DANCE WITH PASSION



🇯🇵 Japan Gymnastic Association Official Supplier (2013 to 2026)

Chacott is the official supplier of Japan National Rhythmic Gymnastics Team. We supply apparatus, warm-up and practice wear for the gymnasts and coaches to wear at the international competitions. We will do our best to support by developing new products, hearing the voices from gymnasts.

Official FIG Partner

Chacott RG apparatus is approved by FIG and we are approved as the Official FIG Partner since 2009. Not only in Japan, we will make efforts to develop and improve our products, for the best performance of gymnasts in the world.



Official FIG Partner

About the FIG approval marking

For the official competitions of Rhythmic Gymnastics, gymnasts should use the apparatus that are checked and approved. Apparatus with FIG approved markings are allowed to use at the official FIG competitions. For the other competitions, please check with the competition organizer about the regulation.



RIBBON / STICK

MODEL: AYUKA SUZUKI-NANAMI TAKENAKA (Fairy Japan POLA)

RIBBON



332.Light Green

351.Tomato Red

372. Lilac

376.Blue Purple



248. Magenta

267.Muscat

283.Orange

722.Dream Blue

725.Ocean Blue

731.Aqua Green

736.Green

745.Rose Pink

750.Coral

753.Strawberry

Gradation Ribbon (6m)

301500-0090-28
Size: Length 6m and above / Width 5cm
Material: Rayon
CHRB-03

Color:248.Magenta, 267.Muscat, 283.Orange, 722.Dream Blue, 725.Ocean Blue, 731.Aqua Green, 736.Green, 745.Rose Pink, 750. Coral, 753.Strawberry,
754.Scarlet, 759.Wine Red, 762.Canary, 763.Yellow **NEW COLOR** [Available from March], 771.Lavender, 773.Mauve, 777.Purple, 778.Plum, 779.Oscar Blue, 796.Rainbow

Gradation Ribbon (5m)

301500-0091-28
Size: Length 5m and above / Width 5cm
Material: Rayon
CHRB-04

Gradation Ribbon (4m) Junior **4m available**

301500-0095-28
Size: Length 4m and above / Width 5cm
Material: Rayon



000.White

023.Aqua Blue

025.Blue

034.Peppermint Green

043.Pink



052.Red

062.Canary

077.Purple

083.Orange

Ribbon (6m)

301500-0001-28
Size: Length 6m and above / Width 5cm
Material: Rayon
*Soft and dynamically
CHRB-01

Ribbon (4m) Junior

301500-0002-28
Size: Length 4m and above / Width 5cm
Material: Rayon
*Same material as competition ribbons
Color:000.White, 023.Aqua Blue, 025.Blue,
034.Peppermint Green, 043.Pink, 052.Red,
062.Canary, 077.Purple, 083.Orange

Ribbon (5m) Junior

301500-0004-28
Size: Length 5m and above / Width 5cm
Material: Rayon
*Same material as competition ribbons
CHRB-02

Color:000.White, 023.Aqua Blue, 025.Blue,
034.Peppermint Green, 043.Pink, 052.Red,
062.Canary, 077.Purple, 083.Orange

Ribbon (3m) Junior

301500-0007-28
Size: Length 3m and above / Width 5cm
Material: Rayon
*Same material as competition ribbons
*For Children's Safety Stick
Color:023.Aqua Blue, 043.Pink, 052.Red, 062.Canary

Tie Dye Ribbon (6m)

301500-0096-28
Size: Length 6m and above / Width 5cm
Material: Rayon
CHRB-07

Color: 332.Light Green, 351.Tomato Red, 372.Lilac, 376.Blue Purple

Simple but unique tie-dyed ribbon gives a light impression to gymnast's performance.
Works pliable and smoothly in the air.
Scan the QR code to see the whole image.

*Do not wash as rayon shrinks when washed.
*Do not change the length to follow the FIG regulation.
*Color appearance is always different, some has little opening or uneven dyeing, but no problem in using.
*Available while stocks last.

Tie Dye Ribbon (5m) Junior

301500-0097-28
Size: Length 5m and above / Width 5cm
Material: Rayon
CHRB-08



754.Scarlet

759.Wine Red

762.Canary

NEW COLOR 763.Yellow

771.Lavender

773.Mauve

777.Purple

778.Plum

779.Oscar Blue

796.Rainbow

*Fresh gradation coloring for dynamic performance. Processed for softness and non-static.
Not necessary to prewash.
*Available while stocks last.

Note: The color appearance is always different. It is dyed by a special machine and there are none that are the same.
Some has little opening or uneven dyeing, but no problem for using. Since it is made out of rayon,
it is made longer than regulations length to lessen concerns about shrinking by humidity.
Do not iron on the FIG marking without iron paper.



FIG and Manufacture marks at the both ends of the ribbons might be come off when ironed. Please do not iron on the mark and use the iron paper in between ribbon and iron or iron from the other side of the marking, so that marking cannot be heated directly.



Available colors

	000	023	025	034	043	052	062	077	083
6'5'4m	●	●	●	●	●	●	●	●	●
3m		●			●	●			

Do not wash as rayon material shrinks by washing.
Do not change for FIG APPROVED ribbons to follow FIG rule.
White ribbons (color no.000) are longer than other colored ribbons as this is expected to be dyed by soaking in water and shrink much.
Please check the length of ribbons after dyeing to follow rule.



Training Ribbon

301500-0008-28
Size: Length 6m and above / Weight 60g and above

Material: Rayon
Color: 009.Black
*Same material as competition ribbons but the weight is twice as heavy as regular ribbon for training.
It is marked at 5m for cut to modify ribbon length.

STICK



Variations to meet every gymnast's demand

- ☒ Durable for hard performance ☒ Move as you imagine. Good for handling



Super Carbon Stick

301501-0010-98
Size: Length 600mm

Material: Carbon fiber, Synthetic rubber
Color: 699.Gold
*Comes with gold case
*Durable, lighter weight (5g from existing stick)
*Strong and high rebounding stick transmits its movement to ribbon accurately.
*Made with carbon material. Less static electricity and less tangling.
*Smooth spinning of metal parts transmits stick movement to ribbon efficiently.

CHRC-06

Rubber Grip Stick

301501-0001-28(Standard)
Size: Length 600mm

Material: Fiberglass, Synthetic rubber
Color: 000.White, 052.Red
*Recommended for beginners to top gymnasts.

CHRC-01

Metallic Stick

301501-0008-28(Standard)
Size: Length 600mm

Material: Fiberglass, Synthetic rubber
Color: 698.Silver, 699.Gold

CHRC-04

Metallic Stick

301501-0009-28(Point flexible)
Size: Length 600mm

Material: Fiberglass, Synthetic rubber
Color: 698.Silver, 699.Gold

CHRC-05

Rubber Grip Stick

301501-0007-28(Point flexible)
Size: Length 600mm

Material: Fiberglass, Synthetic rubber
Color: 052.Red, 031.Aqua Green, 043.Pink, 052.Red
*Flexible tip allows quicker and smoother handling than standard stick.
*Used by top gymnasts as well.

CHRC-03

Holographic Stick

301501-0002-28(Standard only)
Size: Length 600mm

Material: Fiberglass, Synthetic rubber
Color: 509.Black, 523.Turquoise Blue, 533.Leaf Green, 543.Pink, 577.Purple, 598.Silver
*Dazzling, prism-like finish

CHRC-02



Junior Rubber Grip Stick

301501-0003-28(Standard)
301501-0006-28(Flexible)
Size: Length 500 mm

Material: Fiberglass, Synthetic rubber
Color: 000.White, 047.Cherry Pink
*500 mm length, for junior gymnasts.
*Available in two hardness levels.

Children's Safety Stick

301501-0004-28
Size: Length 500mm

Material: Fiberglass, Synthetic rubber
Color: 047.Cherry Pink
*Safety caps at the tip for children.
Long pliable body for effective power conveyance.
*Patent No.5554986



Safe edging

Hard	Super Carbon Stick
	Metallic Stick (Standard)
	Holographic Stick (Standard)
	Rubber Grip Stick (Standard)
	Metallic Stick (Point Flexible)
	Rubber Grip Stick (Point Flexible)
	Junior Rubber Grip Stick (Standard)
	Junior Rubber Grip Stick (Flexible)
Flexible	Children's Safety Stick

SUPPLY



Grip Caps

301502-0036-58
Content: 2pcs
Size: Length 3cm / Diam. 1.1cm

Material: Synthetic rubber
Color: 033.Yellow Green, 043.Pink, 062.Lemon Yellow
*For extra coverage on to ribbon stick grip. Not for competition use.



Children's Safety Stick Caps

301502-0012-08
Content: 2pcs

Material: Synthetic rubber
Color: 052.Red
*Replacement caps for children's safety sticks
*Patent No.5554986



Ribbon Winder

301502-0021-08
Size: Width 7.3xHeight 8cm

Material: ABS Plastic, Polycarbonate
Color: 052.Red, 063.Yellow, 074.Violet
*Compact and wrinkle-free ribbon case.



Joint Strings

301502-0014-08
Content: 2pcs

Material: Nylon, Synthetic fiber
Color: 009.Black, 043.Pink, 052.Red, 063.Yellow
*Remarkable durability.
*More comfortable power conveyance from stick to ribbon than metal joint parts.



Cannot be attached to the Children's Safety Stick



Split Ring Opener

301502-0015-48

Material: Stainless
Color: 043.Pink
*Helpful tool for replacing split ring of stick/ribbon.



Tool Roll Case

301405-0006-11
Size: Length 19xWidth 33cm
Material: Polyester, (Flap, Pocket) Polyvinyl chloride
Color: 007. Dark Gray
*Perfect roll case to carry essential gymnastics accessories.
*Inside picture shows you how to use.
*Mesh and vinyl inside pockets allow you to find what you want quickly.
*With outside pocket for Multi Cloth.



Oval Split Rings

301502-0038-28
Content: 10pcs

Material: Stainless-steel
*Replacement rings for Stick, Swivel and Joint Strings
*Periodic replacement is highly recommended.



Swivels

301502-0037-58
Content: 10pcs

Material: Brass
*Comes with split rings.



Stick and Ribbon Holder II

301502-0033-28
Size: 61x7cm, Pipe Diam.1.4cm
Material: Vinyl chloride
Color: 649.Clear
*Can be stored a ribbon stick with a ribbon on.
*Comes with an elastic band to hold ribbon.
*Size fits in Shoulder Bag.



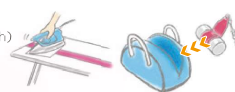
Shoulder Bag

301502-0034-28
Size: 67x12cm
Material: Nylon
Color: 031.Aqua Green, 047.Cherry Pink
*Just right size for Stick and Ribbon Holder II
*Also good for one pair of clubs.
*With a stopper to keep apparatus in place

How to maintain a ribbon

It is always good to keep a ribbon wrapped to a cylinder, recommended to use Ribbon Winder or Stick & Ribbon Holder.

When ironing a ribbon, press with a iron paper (damp cloth) at 140 to 160 degrees C (284 to 320 degrees F) if needed.



How to maintain tip of a stick

This is a tiny but very important part for extremely high spinning at the tip of a stick. Put 1 or 2 drops of oil around the moving parts of the axle. Please maintain after lessons or before competitions.





BALL

MODEL: AYUKA SUZUKI-NANAMI TAKENAKA (Fairy Japan POLA)

BALL



Most advanced structure and painting

- ☒ Moisturized surface feeling to stay in your hands ☒ Perfect sphere ☒ A plenty of color variation



725.Blue



738.Ever Green



746.Grayish Rose



777.Purple

NEW Glossy Ball
301503-0018-38
Size: Diam. 185mm / Weight 400g and above
 Material: Rubber
 *Duo-chrome metallic color with deep and wet-looking sparkle.
 *Perfect pairing with mature and sophisticated-toned music.
 *Shining but Smooth surface with great tackiness.
 CHBA-05
 Color: 725.Blue, 738.Ever Green, 746.Grayish Rose, 777.Purple



621.Hyacinth ◆



631.Aqua Green ◆



644.Azalea ◆



656.Grenadine

Prism Ball
301503-0014-38
Size: Diam. 185mm / Weight 400g and above
 Material: Rubber
 *Beautiful coloring and shining by reflection of light. *Cute color lineup.
 *Improved surface feeling by innovative technology.
 CHBA-03
 Color: 621.Hyacinth, 631.Aqua Green, 644.Azalea, 656.Grenadine

Practice Prism Ball Junior
301503-0015-38
Size: Diam. 170mm / Weight 330g and above
 Material: Rubber
 *Recommended for children gymnasts.
 *Practice ball of similar quality as the approved.

◆:Practice Prism Ball available



501.Pearl



537.Emerald Green ◆



598.Silver ◆

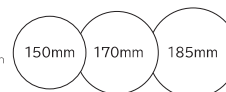


599.Gold ◆

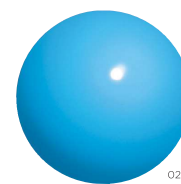
Jewelry Ball
301503-0013-38
Size: Diam. 185mm / Weight 400g and above
 Material: Rubber
 *Jewelry-like shining colors. *Improved surface feeling by innovative technology.
 CHBA-02
 Color: 501.Pearl, 537.Emerald Green, 598.Silver, 599.Gold

Practice Jewelry Ball Junior
301503-0016-38
Size: Diam. 170mm / Weight 330g and above
 Material: Rubber
 *Recommended for children gymnasts. *Practice ball of similar quality as the approved.

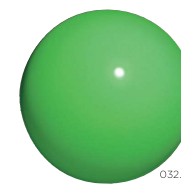
◆:Practice Jewelry Ball available

150mm/170mm/185mm
Diameter size comparison

000.White



022.Blue ◆◆



032.Lime Green



047.Cherry Pink ◆◆



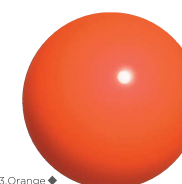
052.Red ◆



062.Lemon Yellow ◆◆



074.Violet ◆◆



083.Orange ◆

◆:Practice Gym Ball available ◆:Junior Gym Ball available

Gym Ball
301503-0007-38
Size: Diam.185mm / Weight 400g and above
 Material: Rubber
 *Moist touch, beautiful shine and basic colors.
 CHBA-01

Color: 000.White, 022.Blue, 032.Lime Green, 047.Cherry Pink, 052.Red, 062.Lemon Yellow, 074.Violet, 083.Orange

Practice Gym Ball Junior
301503-0004-38
Size: Diam.170mm
 Material: Rubber
 *Moist touch, beautiful shine and basic colors.
 *Practice ball of similar quality as approved.

Junior Gym Ball Junior
301503-0004-38
Size: Diam.150mm
 Material: Rubber
 *Moist touch, beautiful shine and basic colors.
 *Recommended for children gymnasts.

SUPPLY



Air Pump
301504-0006-48
Size: Length 160mm
 Material: Synthetic rubber
 Color: 047.Cherry Pink
 *Easy to use, fine adjustment.
 Replacement Needle is available



Replacement Needle for Air Pump
301504-0023-48
Size: Length 45mm
 Material: Needle / Brass, Nickel
 Pedestal / Aluminum



Silicone Grease
301504-0026-38
Content: 5g
 Material: Base oil, Silica gel
 *Apply moderate amount around the valve to enhance the smoother operation of Air Pump.



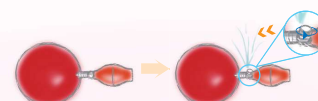
Grip Ball Cloth
301504-0024-18
Size: 17×17cm
 Material: (Surface) Polyester, Nylon
 (Back) Silicone
 Color: 022. Saxe Blue
 *Thin, foldable and easy carrying cleaning cloth.
 *Silicone dots fits your hand smoothly.



Multi Cloth
301504-0025-18
Size: 30×30cm
 Material: Polyester, Nylon
 Color: 043.Pink
 *Microfiber polishes balls without damaging the surface.

How to maintain a ball

Put air pump into a ball vertically.
 Loosen the valve of the air pump
 to deflate the ball.



How to clean a ball

1. Dissolve small portion of neutral detergent for dish washing into cold water.
2. Use a soft sponge on the surface. Do not use steel-wool.
3. Wash a ball in the detergent water with the sponge.
4. Rinse well and gently. Towel dry with a microfiber cloth is highly recommended. Do not scratch with hard surface towel.



*Cannot be replaced for the break or peeling when using except on Rhythmic Gymnastics mat or by excessive use.



CLUBS

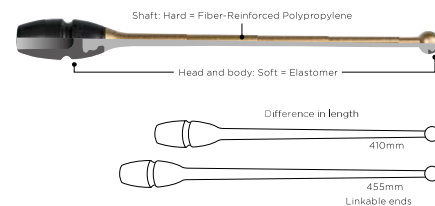


CLUBS



Highly efficient premium rubber clubs

- ✓ Hi-Grip for non-slippery from hands
- ✓ The low-elasticity makes minimize a mistake
- ✓ High-grade color



High Grip Rubber Clubs II

301505-0007-48

Size: Length 410mm, 455mm / Weight 150g and above

Material: Shaft: FRPP, Body and head: Elastomer

Color: 022.Saxe Blue, 045.Rose, 081.Carrot

*Special paint at the rubber head. Inside of the hollow is yellow.

CHCL-05(410mm), CHCL-06(455mm)



Hi-Grip Rubber Clubs

301505-0005-48

Size: Length 410mm, 455mm / Weight 150g and above

Material: Shaft: FRPP, Body and head: Elastomer

Color: 123.Turquoise Blue, 133.Yellow Green, 137.Emerald Green, 143.Pink, 158.Garnet, 174.Violet, 198.Silver, 199.Gold

*Special painting at shaft for better grip

CHCL-03(410mm), CHCL-04(455mm)

How to choose the club length

The appropriate length for the club is, when it's held on the extended arm, the top of club does not hit gymnast's chin or nose.



Stable operability and safety

- ✓ The low-elasticity makes minimize a mistake
- ✓ A plenty of color variation



Rubber Clubs

301505-0003-48

Size: Length 410mm, 455mm / Weight 150g and above

Material: Shaft: FRPP, Body and head: Elastomer

Color: 034.White x Peppermint Green, 050.White x Light Orange, 134.Black x Peppermint Green, 143.Black x Pink, 150.Black x Light Orange, 177.Black x Purple, 183.Black x Apricot, 209.Pink x Black, 262.Pink x Yellow, 277.Pink x Purple, 309.Yellow x Black, 334.Yellow x Peppermint Green, 343.Yellow x Pink, 350.Yellow x Light Orange, 377.Yellow x Purple, 383.Yellow x Apricot

CHCL-01(410mm), CHCL-02(455mm)



Junior Rubber Clubs Junior

301505-0004-48

Size: Length 365mm / Weight 100g and above

Material: Shaft: FRPP, Body and head: Elastomer

Color: 043.White x Pink, 077.White x Purple, 150.Black x Light Orange, 183.Black x Apricot, 234.Pink x Peppermint Green, 262.Pink x Yellow, 334.Yellow x Peppermint Green, 343.Yellow x Pink, 350.Yellow x Light Orange, 377.Yellow x Purple, 383.Yellow x Apricot

*Same material and same balance as FIG approved clubs. Shock absorbing rubber material enables minimum bounce for safety. Eye-catching colors are used. Linkable ends enable extending for performance.



HOOP

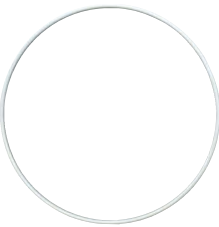


The first molding technology in the world

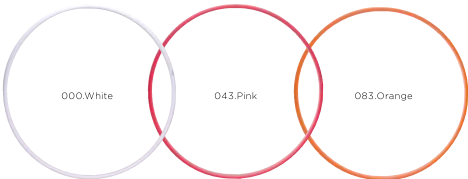
- ☒ Hi-Grip for non-slippery from hands
- ☒ Soft and light impression from use



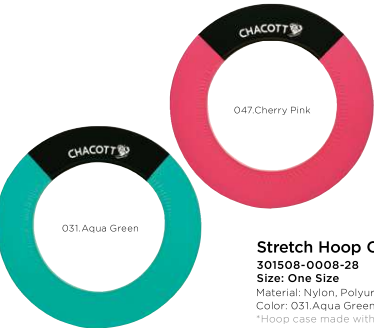
Soft Hoop
301507-0004-98
Size: Inside diam.750mm /
Weight 260g and above
Size: Inside diam.810mm, 850mm, 890mm /
Weight 300g and above
Material: Polyethylene
Color: 000.White
*Softer feeling when catching.
Soft material used.
CHHP-04(750mm), CHHP-05(810mm)
CHHP-06(850mm), CHHP-07(890mm)



Hoop
301507-0001-98
Size: Inside diam.750mm /
Weight 260g and above
Size: Inside diam. 810 mm, 850 mm /
Weight 300 g and above
Material: Polyvinyl chloride (PVC)
Color: 000.White
*Durable, good springiness,
true spherical shape and easy handling.
CHHP-01(750mm)
CHHP-02(810mm),CHHP-03(850mm)



Junior Hoop Junior
301507-0002-98
Size: Inside diam. 600mm, 650mm,
700mm, 750 mm / Weight 250g and above
Material: Polyethylene
Color: 000.White, 043.Pink, 083.Orange
*Strong joint for safety use

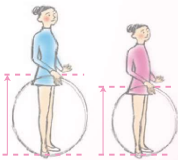


Stretch Hoop Case
301508-0008-28
Size: One Size
Material: Nylon, Polyurethane
Color: 031.Aqua Green, 047.Cherry Pink
*Hoop case made with stretchy fabric



How to choose a hoop size

Put a hoop aside for measuring.
Recommended hoop height is at your hips.



For decoration of Clubs and Hoop

Mermaid Tape (Holographic Tape)
301511-0006-48
Size: Width 1.5cmxLength 17m/roll
Content: 1 roll
Color: 025.Blue, 035.Peacock Green, 047.Cherry Pink, 077.Purple, 083.Orange, 099.Gold
*Vivid Colored & Random Patterned Decorative Tape
*One roll for wrapping one hoop.

Diamond Tape
301511-0007-48
Size: Width 1.5cmxLength 17m/roll
Color: 098.Silver
*One roll for wrapping one hoop.

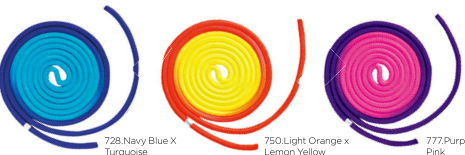
Morpho Tape
301511-0004-48
Size: Width 1.5cmxLength 33m/roll
Content: 1 roll
Color: 625.Blue, 643.Pink
Translucent Sheet. You can layer the tapes.

ROPE



Material variation for each level

- ☒ Move as you imagine. Good for handling.
- ☒ A plenty of color variation



Combination Color Rope
301509-0011-28
Size: Length 3m and above
Material: Nylon
Color: 728.Navy Blue x Turquoise, 750.Light Orange x Lemon Yellow, 777.Purple x Pink
*Combination color for easy to catch after throwing technique
CHRP-05



Gradation Rope, Inner-color (Nylon)
301509-0009-28
Size: Length 3m and above
Material: Nylon
Color: 748.Rose, 750.Light Orange, 774.Violet
*Beautiful gradation remains even cut the length.
CHRP-04



Gym Rope (Nylon)
301509-0001-28
Size: Length 3m and above
Material: Nylon
Color: 048.Rose, 077.Purple, 028.Navy Blue, 034.Peppermint Green, 043.Pink, 052.Red, 062.Lemon Yellow, 083.Orange
*Bright colors. Favorable weight and balance.
CHRP-01



Gym Rope (Hemp)
301509-0002-98
Size: Length 3m and above
Material: Hemp
Color: 000.White, 034.Peppermint Green, 043.Pink, 052.Red, 062.Lemon Yellow
*Soft material from natural.
CHRP-02



Practice Gym Rope (Nylon) Junior
301509-0010-98
Size: Length 2.5m and above
Material: Nylon
Color: 023.Turquoise, 048.Very Berry
*Beautiful bright colors. Good to practice for competitions for junior gymnasts.
favorable hardness and weight.



Junior Gym Rope (Nylon) Junior
301509-0008-98
Size: Length 2.5m and above
Material: Nylon
Color: 043.Pink, 062.Lemon Yellow, 083.Orange
*Soft processing for easy handling.
Bright colors.

Junior Gym Rope (Rayon) Junior
301509-0003-98
Size: Length 2.5m and above
Material: Rayon
Color: 077.Purple, 034.Peppermint Green, 043.Pink, 052.Red, 062.Lemon Yellow
*Soft material. Good for children to practice

Hard (For high-level gymnasts)	Combination Color Rope, Gradation Rope, Gym Rope (Nylon)
	Gym Rope (Hemp)
	Practice Gym Rope (Nylon)
	Junior Gym Rope (Nylon)
Soft (For beginners)	Junior Gym Rope (Rayon)

How to customize a rope length

There are no regulations for ropes.
It is recommended to cut your rope as best for you.
Hold the both ends at armpit level while stepping on the middle of the rope to measure it. It is recommended to mark with tape before cutting, to prevent fraying.



Life Expectancy of the Products

Item	Parts	Minimum Life Expectancy Period		Average Life Expectancy Period	
		Hours	Months	Years	Years
Ball	Ball, Valve	180 hours	2 months		1 year
Clubs	Head, Body, End	180 hours	2 months		2 years
Rope	Edge, Middle	270 hours	3 months		2 years
Ribbon	Cloth, Splicer	90 hours	1 month		1 year
Stick	Stick, Edge	180 hours	2 months		1 year
Hoop	Ring, Splicer	180 hours	2 months		1 year

* Refer to The Safety Standard of Apparatus issued by Japan Gymnastics Association.
* Chacott RG Apparatus are made for Rhythmic Gymnastics.
Do not use for any other purpose outside RG mat without a certain trainer.
* Even if accidents happen within life expectancy period,
No return or refund are acceptable if the problems are caused by users.
* Life expectancy Period is made just to inform dealers the average product usage period,
and it is not warranty of the products.

PRACTICE WEAR

<Top>



NEW Open Back Long Top II
301202-0048-48
Size: 120, 130, 140, 150, S, M, L
Material: Polyester, Polyurethane
Color: 009.Black, 024.Sky Blue,
047. Cherry Pink, 074. Violet
*No lining, lightweight,
and close fitting
*Black side stripe for slimmer look
*Higher V neckline
*Moisture wicking & quick dry



Underwear Junior Size Chart (cm)

Size	Height	Bust	Waist	Hip
120	115-125	57-63	48-54	62-70
130	125-135	61-67	51-57	66-74
140	135-145	64-72	54-60	70-78
150	145-155	69-75	54-60	70-78

Underwear Ladies Size Chart (cm)

Size	Height	Bust	Waist	Hip
S	148-155	73-81	56-62	83-89
M	153-162	79-87	61-67	88-94
L	160-168	85-93	66-72	93-99



Airy Long Top III
301202-0047-38
Size: 140, 150, S, M, L
Material: Polyester, Polyurethane
Color: 009.Black
*Made with moderately thick and durable free cut fabric
*Sewn with a flat seamer sewing machine
*Few seams, slimmer silhouette, cool-back design
*Plunging neckline to go with colorful inner.
*Paired with Cross Back Short Inner [301205-0006-18] 043. Pink



V Mesh Long Top
301202-0041-88
Size: 130, 140, 150, S, M, L
Material: Polyester, Polyurethane
Color: 009.Black
*Shoulder and upper back parts are made with mesh fabric.

<Top>



RENEW Short Inner
301205-0001-48
Size: 140-150, S-M, M-L
Material: Polyester, Polyurethane
Color: 009.Black, 070.Iris
*Simple design bra with adjustable cross back straps.
*With pocket for bra pads
Available from March



Y Back Short Inner II
301205-0007-38
Size: 140-150, S-M, M-L
Material: Polyester, Polyurethane
Color: 009.Black
*Y back design gives you a full range of movement
*Higher neckline
*Breathable mesh fabric on shoulder and back
*With pocket for bra pads



Cross Back Short Inner
301205-0006-18
Size: 140-150, S-M, M-L
Material: (Surface) Polyester, Polyurethane
(Back) Polyester, Polyurethane
Color: 028.Cobalt Blue, 043.Pink, 063.Yellow
*Wide cross back straps allow a full range of movement.
*Combination of two neon colors and black elastic band.
*Offers full coverage *Moisture wicking & quick dry
*With pocket for bra pads



<Bottoms>



Cropped Leggings
301337-0570-98
Short Spats
301334-0515-48
Size: 120, 130, 140, S, M, L
Material: Nylon, Polyurethane
Color: 009.Black



Cropped Leggings (Cotton mix)
301337-0770-38
Short Spats (Cotton mix)
301334-0715-38
Size: 120, 130, 140, S, M, L
Material: Cotton, Polyurethane
Color: 009.Black
*Better stretch than the old model
*Made with sweat stain and color fade resistant fabric



Short Pants
301322-0008-18
Size: 140, S, M, L
Material: Polyester, Polyurethane
Color: 009.Black
*Japan national team gymnast's favorite
*Free cut fabric, mesh on side,
slimmer silhouette
*No lining, no inner undershorts,
can be worn over leggings and tights

PRACTICE WEAR

<Knitwear>



Knit Top
301292-0015-08
Size: 125-145, S-L
Material: Acrylic, Nylon, Wool, Polyurethane
Color: 009.Black
*Soft and tight-fitting, perfect knit for practice

Back



<Body Warmer>

009.Black



028.Cobalt Blue



055.Raspberry



Body Warmer
301300-0005-18
Size: One size
Material: Acrylic, Nylon, Wool, Polyurethane
Color: 009.Black, 028.Cobalt Blue, 055.Raspberry

<Sauna wear>



Stretch Skin Sauna Pants
011284-0001-45
Size: S, M, L, Men's M
Material: Nylon, Polyurethane
Color: 008.Gunmetal Gray, 009.Black, 057.Antique Rose
※Size S and Men's M available only in 009.Black

<Leg Covers>

009.Black



028.Cobalt Blue



055.Raspberry



098.Silver



Fabric swatch image



Logo Leg Covers
301301-0009-08
Size: One size
Material: Acrylic, Nylon, Wool, Polyurethane
Color: 009.Black, 028.Cobalt Blue, 055.Raspberry
*Tight-fitting and comfortable leg warmers with cool jacquard logo

Lame Logo Leg Covers
301301-0010-08
Size: One size
Material: Acrylic, Nylon, Wool, Polyurethane
Color: 098.Silver
*Leg warmers with lame and cool design



Leg Covers Short
057313-0001-18
Size: One size
Material: Acrylic, Polyester, Wool, Polyurethane
Color: 005.Gray, 009.Black, 029.Navy, 072.Lilac
*Tight-fitting and comfortable



005 009 029 072

Leg Covers Medium
057313-0002-18
Size: One size
Material: Material: Acrylic, Polyester, Wool, Polyurethane
Color: 009.Black, 020.Baby Blue, 029.Navy, 072.Lilac
*Tight-fitting and comfortable



009 020 029 072



Leg Covers Long
057313-0003-18
Size: One size
Material: Acrylic, Polyester, Wool, Polyurethane
Color: 005.Gray, 009.Black, 029.Navy, 046.Grayish Rose
*Tight-fitting and comfortable



005 009 029 046



Stretch Skin Sauna Short Pants
011284-0002-45
Size: S, M, L
Material: Nylon, Polyurethane
Color: 008.Gunmetal Gray, 009.Black, 057.Antique Rose
※Size S available only in 009.Black



Stretch Skin Sauna One Piece
011285-0003-45
Size: S, M, L
Material: Nylon, Polyurethane
Color: 008.Gunmetal Gray, 009.Black, 057.Antique Rose
※Size S available only in 009.Black



Stretch Skin Sauna Long One Piece
011285-0006-45
Size: S, M, L
Material: Nylon, Polyurethane
Color: 008.Gunmetal Gray, 009.Black, 057.Antique Rose
※Size S available only in 009.Black

PRACTICE WEAR

<Rolling Series>

Renovated design

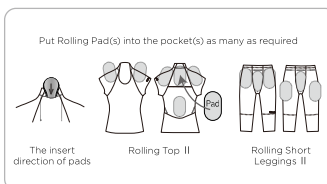
- It reduces the damage of the body for rotation exercise.
- High breathable fabric used to avoid heat.
- Can choose the part(s) which you want to protect.
- Nice stretch material for good fit.



Rolling Top II
301513-0003-88
Size: 125-145, 135-155, S-L
Material: Polyester
Color: 009.Black
With a small rolling pad



Rolling Short Leggings II
301513-0004-88
Size: 125-145, 135-155, S-L
Material: Polyester
Color: 009.Black
With a small rolling pad



The insert direction of pads

Rolling Top II

Rolling Short Leggings II



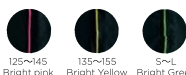
Rolling Pad Small
301513-0005-88
Size: 170mm x 100mm
Thickness: 4mm
Material: Chloroprene rubber, Nylon, Polyurethane
Color: 009.Black



Rolling Pad Medium
301513-0006-88
Size: 210mm x 130mm
Thickness: 4mm
Material: Chloroprene rubber, Nylon, Polyurethane
Color: 009.Black



It is easy to find right pocket by colorful stitches at the opening of the pocket. Different stitches colors for each size.



PROTECTORS



043.Pink



063.Yellow



083.Orange

Neon Tricot Knee Protector

301512-0006-28
Size: S5 (Reference size of knee surrounding 24-30cm), S (28-34 cm), M (32-38 cm), L (36-42 cm)
Content: 1 pc
Material: Polyester, Polyurethane
Color: 043. Pink, 063.Yellow, 083.Orange
*Sporty neon fashion.



009.Black

Tricot Knee Protector

301512-0001-28
Size: S5 (Reference size of knee surrounding 24-30cm), S (28-34 cm), M (32-38 cm), L (36-42 cm)
Content: 1 pc
Material: Rayon, Polyester, Polyurethane
Color: 009. Black
*Quick drying material is used.
Cushioning pads protect your knee.

**Elbow Protector**

301512-0007-28
Size: S5 (Reference size of elbow surrounding 16-20 cm), S (18-22 cm), M (19-23 cm)
Content: 1pc
Material: Rayon, Polyester, Polyurethane
Color: 009.Black
*Quick drying material is used.
Cushioning pads protect your elbow.

**Bunion Care Supporter**

012114-0001-58 (Right)
012114-0002-58 (Left)
Size: One size (Reference size of instep surrounding 20-26cm)
Content: 1 pc for right or left
Material: Nylon, Polyurethane
Color: 011.Beige
*For bunion care. Support metatarsal arch.
Can be worn under tights or socks.

BAGS

**Adjustable Backpack**

301415-0001-31
Size: Normal: Height 50×Width 32×Depth 18cm
Expanded: Height 60×Width 32×Depth 18cm
Material: Polyester
Color: 007.Dark Gray
*Holds 6pcs of ball
*Pockets at right side, back, inside and A4 size zipper pocket.
*With harness belt *Sky blue lining *Strap for ribbon sticks included



045. Rose



072. Lilac

**Washable Ball Case**

301405-0008-31
Size: Height 26×Width 34×Depth diam 19cm
Material: Polyester
Color: 045. Rose, 072. Lilac
*Holds 1pc of ball *Inside lining is microfiber
*Cleans ball while carrying *Washable



022. Sax Blue



045. Rose

**Washable Flat Pouch**

301405-0004-31
Size: Height 14×Width13 cm
Material: Polyester
Color: 022. Sax Blue, 045. Rose
*Perfect size for organising small accessories and half shoes
*Compact flat shape *Washable

**Flat Bottom Tote Bag**

301410-0007-31
Size: Height 30×Width 52(bottom 40)×Depth 20cm
Material: Polyester
Color: 007.Dark Gray
*Spacious flat bottom tote bag
*Holds 2pcs of ball
*With a pocket to organize small accessories



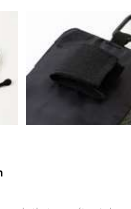
022. Sax Blue



072. Lilac

**Washable Club Case**

301405-0009-31
Size: Height 54×Width 12×Depth 3.5cm
Material: Polyester
Color: 022. Sax Blue, 072. Lilac
*Holds 3 pairs of club at the maximum
*Inside lining is microfiber
*Cleans clubs while carrying
*Washable

**Multi Pouch**

301405-0005-01
Size: Height 16×Width 11×Depth 2cm
Material: Polyester, Aluminum alloy
Color: 009.Black
*Convenient to use with backpack to contain goods that are often taken out.
*Can be attached to the belt by faster tape.
*Reflect Print Logo to stand out in darkness

**Packable Backpack**

301415-0003-01
Size: Height 50×Width 43×Depth 12cm
Material: Polyester
Color: 063.Yellow
*Good size to pack Mingu Large and other training goods.
*Reflect Print Logo to stand out in darkness

**Costume Bag**

301403-0002-01
Size: Height 47×Width 55cm
Material: Polyester
Color: 009.Black
*Vivid Neon Yellow lining
*Reflect Print Logo to stand out in darkness

SHOES / TIGHTS / SOCKS

<Half Shoes>



3D Half Shoes
301070-0009-38
Size: S(22.0-23.5cm), M(23.0-24.5cm), L(24.0-25.5cm)
Material: Synthetic Leather, Nylon, Cotton, Polyester
Color: Beige
*3D shapes perfectly fits your feet and any motion.
*Suitable grip both on wooden floor and gymnastics mat.
*Seamless
*Light pink beige color
*Washable



Multi Fit Half Shoes II
301070-0008-88
Size: SS (18.0-20.0cm), S (20.0-22.0cm), M (22.0-24.0cm), L (24.0-26.0cm), LL (26.0-28.0cm)
Material: Nylon, Polyester, Polyurethane
Color: 011.Beige
*Toe separated design, breathable, seamless and washable.
*Hard to slip and more durable.



Washable Stretch Half Shoes
301070-0004-18
Size: 4S (17.5-18.5cm), 3S (19.0-20.0cm), SS (20.5-21.5cm), S (22.0-22.5cm), M (23.0-23.5cm), L (24.0-24.5cm), LL (25.0-25.5cm)
Material: Synthetic leather, Nylon, Cotton, Polyester
Color: 011.Beige
*Washable.
*Recommended for beginners to advanced gymnasts.
Nice durability.



2way Stretch Half Shoes
301070-0010-48
Size: SS (Reference street shoe size 18.5-20.5cm), S (20.0-22.0cm), M (21.5-23.5cm), L (23.0-25.0cm), LL (24.5-26.5cm)
Material: Polyester, Polyurethane, Synthetic leather, Cotton
Color: 011.Beige
*The upgrade version of Stretch Half Shoes.
Recommended for competition use.



Soft Air Half Shoes
301070-0005-38
Size: 4S (17.5-18.5cm), 3S (19.0-20.0cm), SS (20.5-21.5cm), S (22.0-22.5 cm), M (23.0-23.5cm), L (24.0-24.5cm), LL (25.0-25.5cm)
Material: Synthetic leather, Cotton
Color: 011.Beige
*Airy, light weight and soft.
*Moderate grip and suitable for a slippery floor.
Recommended for beginners.



Washable Stretch Half Shoes (wide)
301070-0006-58
Size: S (20.5-21.5cm), M (22.0-23.0cm), L (23.5-24.5cm), LL (25.0-26.0cm)
Material: Synthetic leather, Nylon, Cotton, Polyester
Color: 011.Beige
*Washable.
*Recommended for beginners to advanced gymnasts.
Nice durability.
*Properly elongated in vertically direction for wide width.
*Deep Vamp

<Tights>



Fit Tights (Leggings)
301133-0201-28
Size: 120-145(Height 120-145cm), S-M (Height 145-160cm, Hip 80-93cm), L-TL (Height 155-175cm, Hip 90-98cm)
Material: Nylon, Polyurethane
Color: 011.Beige



Dancing Tights II (Stirrup)
211133-0022-38
Size: S (Height 145-155cm, Hip 80-88cm), M (Height 150-160cm, Hip 85-93cm), L (Height 155-165cm, Hip 90-98cm), TL (Height 165-175cm, Hip 90-98cm)
Jr. Dancing Tights II (Stirrup)
211133-0023-38
Size: 135 (Height 125-145cm)
Color: 011.Beige
Material: Nylon, Polyurethane
*Good for competition use



Veronese Tights II (Stirrup)
013130-0027-18
Size: S-M (Height 145-160cm, Hip 80-93cm), M-L (Height 150-165cm, Hip 85-98cm)
Material: Nylon, Polyurethane
Color: 009.Black

<Socks>



Dancing Socks
211310-0032-28
Size: One size (23.0-25.0 cm)
Material: Cotton, Nylon, Polyurethane
Color: 000. White*Black logo, 009. Black *White logo
*Excellent fit and durability.
Pile cushion at toe and heel.
Deodorant and antibacterial finish.



Dancing Socks (Anklet)
211310-0045-28
Size: One size (23.0-25.0 cm)
Material: Cotton, Nylon, Polyurethane
Color: 000. White, 009. Black
*Excellent fit and durability.
Pile cushion at toe and heel.
Deodorant and antibacterial finish.



Arch Fit Socks
211310-0045-28
Size: One size (23.0-25.0 cm)
Material: Cotton, Acrylic, Polyester, Polyurethane
Color: Black
*Antibacterial and deodorant material
Thin knit material for good fit.
Non slip thread used at arch and heels
Good to stop and turn when dancing with socks.



Arch Fit Socks (Anklet)
211310-0044-28
Size: One size (23.0-25.0 cm)
Material: Cotton, Acrylic, Polyester, Polyurethane
Color: 009.Black
*Antibacterial and deodorant material
Thin knit material for good fit.
Non slip thread used at arch and heels
Good to stop and turn when dancing with socks.

UNDERWEAR

<Body Foundation>



Pro Body Foundation
010270-0005-98
Size: 150, S, M, L
Material: Polyester, Polyurethane
Color: 011.Beige
*With side pockets for bra pads



Body Foundation (Seamless)
010270-0011-38
Size: S, M, L



Junior Body Foundation (Seamless)
010270-0013-38
Size: 110, 120, 130, 140, 150

Material: Nylon Polyurethane
Color: 011.Beige

<Top>



Bra Top Foundation
010272-0023-38
Size: S-M, M-L

Material: Nylon, Polyurethane
Color: 009.Black, 011.Beige
*With side pockets for bra pads
009 011



Junior Bra Top Foundation
013172-0028-38
Size: 120-145



Soft Pads
010270-0105-28
Size: One size
Material: Polyester, Polyurethane
Color: 011.Beige
*Soft and 3/4 cup bra inserts provide natural coverage
*Perfect for Chacott top foundation and any tops with side pockets for bra pads



Round Bra Pads (Flat)
010270-0096-28
Size: One size
Material: Polyester, Polyurethane
Color: 011.Beige
*Free cut

<Shorts>



Shorts (Regular cut)
010274-0041-38
Size: S, M, L

Material: Cotton, Polyurethane
Color: 011.Beige



Junior Shorts (Regular cut)
010274-0042-38
Size: 110, 120, 130, 140



Accordion Shorts (2prs)
010274-0044-28
Size: S-L(Hip: 82-100cm)

Material: Nylon, Cotton, Polyurethane
Color: Beige



Jr. Accordion Shorts (2prs)
010274-0045-28
Size: 105-135(Hip: 58-74cm)



Shorts (High-leg cut)
010274-0043-38
Size: S, M, L
Material: Cotton, Polyurethane
Color: 011.Beige



Sanitary Shorts (High-leg cut)
010274-0050-28
Size: 120-145, S-M, M-L
Material: Polyester, Nylon, Polyurethane
Color: 011.Beige

COSMETICS

<Hair>



Hair Gum
503644-0378-58
Size: Approx. 1.5m
Color: 009.Black



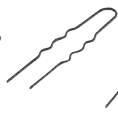
Hair Clip
503660-0377-58
Content: 4pcs
Size: 6.2cm
Color: 009.Black



Bobby Pin (Long)
503644-0931-28(Long)
Content: 20pcs
Size: 5cm
Color: 009.Black



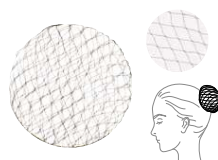
Wave Bobby Pin (Long)
503644-0933-28(Long)
Content: 20pcs
Size: 5.3cm
Color: 009.Black



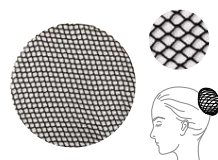
Hair Pin
503644-0937-28
Content: 15pcs
Size: 5.5cm
Color: 009.Black



Stretch Hairnet
503644-0900-18 Color: 009.Black
503644-0901-18 Color: 019.Dark Brown
009 019



Chignon Net
503643-0368-88 503643-0369-88
Size: M Size: L
Content: 3pc Color: 009.Black



Chignon Net (Thick)
503643-0383-58 503643-1383-58
Size: M Size: M
503643-0384-58 503643-1384-58
Size: L Size: L
Color: 009.Black Color: 019.Dark Brown
009 019

GIFTS



022.Sax Blue



031. Aqua Green



047.Cherry Pink

NEW

Ball Key Chain

301420-5030-33

Size: 10 x 4.5 x 4.0cm

Color: 022. Sax Blue, 031. Aqua Green, 047. Cherry Pink, 062. Canary, 073. Mauve

Material: Acrylic

*Glitter liquid Key Chain

*Little crown as the symbol of victory

*Five Pearls resemble group performances of balls.

*Perfect for gift.



062. Canary



073. Mauve

NEW

Mini Hoops

301420-0036-48

Size: Diam 10.5cm

Color: 332. Lime Green

Miniature hoops with unique tie dye pattern

*Dyed with a special machine,

difference in pattern and color can occur



TRAINING ITEMS

<Technology>

dance band



Dance Band (Soft)
012121-0211-98
Size: One size(Circuit 180×width 4cm)
Material: Natural rubber, Rayon
Color:028.Cobalt Blue

*Exercise rubber band
*Develops inner muscles and moderate stretch
*Loop design for multiple uses
*Assistant tool for stretch out



Dance Band (Medium)
012121-0210-88
Size: One size(Circuit 180×width 4cm)
Material: Natural rubber, Polyester
Color:009.Black



mingu



Mingu (Regular)
012121-0205-38
Size: One size(28.5×15.5×5.5 cm)
Material: TPE, Polyethylene
Color: 025.Blue
*Unstable balance block.
Controls your pivot and develops your muscles.



Compression Band
012121-0209-38
Size: Width 10×Length 200 cm
Material: Polyurethane, Nylon
Color:009.Black

*Good tension and 1 way straight stretch.
*Helpful to lead and support a correct position and a pivot.
*Comfortable, light and durable material.
*Effective training and stretching with a foot pocket.
*To provide a tool capable of "Turn Out" from thighs.



Wood Roller Mini
012121-0001-38
Size: Length 17.8cm
Material:Rubberwood, NBR

*Put your feet or legs on the wood roller and roll.
*It works great on your tired feet and calves.
*Mini size and portable.
*The wood doesn't touch the floor directly,
for there are rubber grip at both ends.
It hardly hurts the floor or makes noise.



Trigger Ball
012121-0002-38
Size: Diameter 6.3cm
Material:Rubber

Color: 042. Salmon Pink
*Roll on the trigger ball over your back and hip
*It reduces muscle fatigue and loosen up your body



332.Light Green



351.Tomato Red



376.Blue Purple

Mini Ribbon

301420-0035-28

Size: Overall length 20cm

Color: 332.Light Green, 351.Tomato Red, 376.Blue Purple

Miniature ribbon made with Chacott Tie Dye Ribbon

*Dyed with a special machine, difference in pattern and color can occur



000.White



043. Pink



063. Yellow

Mini Rubber Clubs

301420-0001-78

Size: Overall length 8cm

Material: Elastomer

Color: 000.White, 043.Pink, 063. Yellow